

JORGE BASTIDA

Banana Bread

Yield

1 loaf

Time estimate

About 1 hour total

This banana bread is a moist, flavorful treat perfect for breakfast or a snack. It's a great way to use up very ripe bananas, and it comes together with simple ingredients to make a comforting, homemade loaf.

Butter, softened, plus extra for the tin

Caster sugar

All-purpose flour

Baking powder

Large eggs

Ripe bananas, mashed

Pinch of salt

140 q • Preheat the oven to 180°C.

2 Cream the butter and sugar until light and fluffy. Add the eggs one at a time, mixing well.

140 g Stir in the mashed bananas.

12 g Mix in the flour, baking powder, and salt until smooth.

² Butter the tin and line it with baking parchment.

6 Pour the batter into the tin and bake for about 50 minutes, until a skewer comes out clean. Check from 30 minutes, and every 5 minutes after that.

Let it cool in the tin for 10 minutes, then transfer to a wire rack to cool completely.